

**MAN UP**  
**God's Guide to Real Manhood**

**THE LONELY GUY**  
Ecclesiastes 4:9-12                      Jeff Schreve

*Two are better than one because they have a good return for their labor.  
For if either of them falls, the other will lift up his companion. But woe  
to the one who falls when there is not another to lift him up.  
Ecclesiastes 4:9-10*

**Many men have lots of acquaintances but no real friends.**

**What does God want us to learn about this “all alone” wound?**

**1. God didn't create you to do life alone.**

A. A man needs a wife.

*It is not good for the man to be alone. Genesis 2:18*

B. A man needs male bonding.

*Iron sharpens iron, so one man sharpens another. Proverbs 27:17*

**2. A man without a true friend is a man in trouble.**

A. He misses out on perspective and profitability.

B. He misses out on encouragement, help, and protection.

**3. A man without a true friend can change that scenario.**

A. He can be good friend material.

B. He can reach out to other guys.

**Will you take that step of faith and connect with other guys?**