

THE SCHOOL OF PRAYER

THE PRAYER CHALLENGE

Philippians 4:4-7 Jeff Schreve

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6

Do you want to take your prayer life to a new level?

1. Replace worry with prayer.

- A. Worry about nothing.
- B. Pray about everything.

2. Replace pitiful praying with powerful praying.

- A. Remember that the Lord is near.
- B. Recognize that there is a simple way to pray – A.C.T.S.
 - A is for adoration.
 - C is for confession.
 - T is for thanksgiving.
 - S is for supplication.

3. Replace procrastination with action.

- A. Take the 7-5-2 prayer challenge.
- B. See God respond just like He promises.

THE 7-5-2 PRAYER CHALLENGE

I will make prayer a priority in my home:

7 -- I will pray 7 days a week for my family.

5 -- I will pray 5 days a week with my family.

2 -- I will pray 2 days a week with my spouse.

Why are we to pray at home?

It creates a stronger marriage and family.

It creates an environment for God to work in your home.

It helps ease tension and bring peace.

When are we to pray at home?

Pray at mealtime.

Pray at bedtime.

Pray at drive time.

Pray at troubled time.

How are we to pray at home?

Silent Prayers: Join hands and pray silently.

Sentence Prayers: Pray around the table in just a sentence.

High/Low Prayers: Share highs and lows of the day and thank God for the highs and ask help for the lows.

Fill-in-the-Blank Prayers:

God, I love you because _____

God, I thank you for _____

God, please help me with _____

God, I'm sorry for _____

Are you willing to take the challenge?

Name: _____

Date: _____