

THE GIANT OF LUST

James 1:13-16

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How can you defeat the giant of lust?

1. Recognize that lust is an internal issue.

"For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders." Matthew 15:19

- A. God has given us legitimate desires—food, sleep, and sex.
- B. Lust is a perversion of a legitimate desire.

2. Realize that lust is what the devil works with.

- A. The devil works on your specific desires.
- B. The devil works through deception.
- C. The devil works to get you to disobey.
- D. The devil works to bring forth death.

3. Remember God's pathway to victory.

- A. Don't play with fire.

Do not let your heart turn aside to her ways, Do not stray into her paths. Proverbs 7:25

- B. Don't linger in the lust.

The prudent sees the evil and hides himself, But the naive go on, and are punished for it. Proverbs 22:3

- C. Don't fight this temptation, flee it.

Now flee from youthful lusts, and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart. 2 Timothy 2:22

- D. Don't magnify the pleasure, magnify the cost.

*Do not let your heart turn aside to her ways, Do not stray into
her paths. For many are the victims she has cast down, And
numerous are all her slain. Her house is the way to Sheol,
Descending to the chambers of death. Proverbs 7:25-27*

E. Depend upon the Lord and enlist a faithful friend.
*But put on the Lord Jesus Christ, and make no provision for the flesh in regard
to its lusts. Romans 13:14*

There is forgiveness and victory if you go God's way.