

**GROWING STRONG**

*Ephesians 4:1-16      Jeff Schreve*

**Q. How does a person grow strong in the Christian life?**

**A. By receiving the truth in love and walking in it.**

**1. Truth is not subjective.**

A. Truth is rooted in the Lord.

*I am the way, and the truth, and the life; no one comes to the Father, but through Me. John 14:6*

B. Truth is revealed in the Bible.

*“Sanctify them in truth; Your word is truth.” John 17:17*

C. Truth is reviled by the devil.

**2. Truth is critical to salvation and spiritual growth.**

A. You cannot be saved and go to heaven without the truth.

*In Him, you also, after listening to the message of truth, the gospel of your salvation—having also believed, you were sealed in Him with the Holy Spirit of promise. Ephesians 1:13*

B. You cannot mature spiritually without the truth.

**3. Truth is the need of the hour.**

**OBJECTIVE TRUTH (Fact)**

$$2 + 2 = 4$$

**SUBJECTIVE TRUTH (Opinion)**

**Math is the greatest subject  
in school**

**The Longhorns won the  
Sugar Bowl on 1.1.19**

**The Longhorns are the best**

**God is real**

**Jesus is the only way to heaven**

**Sex before marriage is sin**

**Abortion is murder**

**There are only two genders:  
male and female**

A. The church must speak the truth in love.

B. The Christian must study the truth and practice it in love.

*Be diligent to present yourself approved to God as a  
workman who does not need to be ashamed, handling  
accurately the word of truth. 2 Timothy 2:15*

**If you will spend time in the truth and live it, you will grow!**